

Adrenal Support



CLEANSE & REPAIR

GENERAL ADRENAL SUPPORT

Premiere Greens Multi
Omega 3-6-9 Emulsion

Intestinal Repair Complex
Ultra B Complex

ACT OUT

Extreme behaviors
Substance abuse
Food, exercise, work
addictions
Empathy fatigue
Frequent job changes
Consumerism
Misconduct
Cynicism
Poor performance
Compromised health
Predominant emotion: anger
Adrenal output: high

FREEZE OUT

"Analysis paralysis"
Indecision
Fretfulness, insomnia,
somatization
Obsessive worry
Pacifying others
Dread of the future
Procrastination
Information hoarding
Poor performance
Compromised health
Predominant emotion: anxiety
Adrenal output: mixed

BURN OUT

Victimhood/blaming
Low energy
Learned helplessness, apathy,
lack of meaning
Defensiveness
Righteous indignation
Depression
Demoralization
Hopelessness
Poor performance
Compromised health
Predominant emotion: sadness
Adrenal output: low

"Wired for Sound"

AdrenoHS-SOD
Stress Factors
Sleep Factors
BioInflammatory Plus
Capsules

"Wired and Tired"

(↑GC, ↓ENT)
Eskaloft
AdrenoHS-SOD
Sleep Factors
Immune Balancing
Complex

"Wired and Tired"

(↓GC, ↑ENT)
BioAdaptogen Ultra
BioAdreno
Stress Factors
BioInflammatory Plus
Capsules

"Just Plain Tired"

Eskaloft
Dopa Factors
BioAdreno
BioAdaptogen Ultra
BioInflammatory Plus
Capsules